

# CONTENTS

<b>Greetings</b>	<b>1</b>
<b>What to Expect</b>	<b>2</b>
<b>Directions to Camp</b>	<b>3</b>
<b>Pre-Camp Planning</b>	<b>4</b>
2005/2006 Reservations-----	4
Campsite Requirements-----	5
Refund Policy-----	6
Required Paperwork-----	7
Merit Badge Pre-Registration-----	8
Arriving at Camp-----	8
<b>Health &amp; Safety</b>	<b>9</b>
Medical Forms-----	9
Medications-----	9
Pre-Camp Conditioning-----	10
Medical Care-----	11
Emergency Care-----	12
<b>What to Bring to Camp</b>	<b>13</b>
Equipment Lists-----	13
<b>Resources While at Camp</b>	<b>14</b>
Camp Commissioner-----	14
Troop Guides-----	14
Scoutmaster & SPL Books-----	14
Equipment, Campsite, Black Box----	15
<b>Camp Policies</b>	<b>16</b>
<b>Helpful Tidbits</b>	<b>18</b>
Food, Visitor Meals, Special Diets, Trading post--	19
Mailing Address & Phone Number-----	20
<b>Program Features, Merit Badges</b>	<b>21</b>
Philosophy---	21
Recommendations---	21-22
Merit Badge Blue Cards--	22
Aquatics-----	27-28-29
Nature & Conservation---	31-32-33
Shooting Sports-----	34-35
Rock Climbing---	37
Mountain Biking---	38-39
First Class Center—	23-24
Handicraft----	30
Fly Fishing---	32
Outdoor Skills---	36
Hiking---	38
Mountain Boarding---	39
Wilderness Adventure--	40
<b>Specialty Features</b>	<b>41</b>
Campfires---	41
Camp Director's Award---	41
Flag Ceremonies--	42
Alexander Express---	42
Family Night---	43
Behavior & Discipline Guidelines---	44
Order of the Arrow---	41
Senior Patrol Leaders Council--	42
Golden Nugget Program---	42
Adult Leader Activities	42
Recommended Discipline---	43
<b>Camp Schedules</b>	<b>45 -49</b>

# Greetings from beautiful Colorado!

Thank you for choosing Camp Alexander for your unit's summer camp experience in 2005.

We at Camp Alexander firmly believe that summer camp is an opportunity to do more than earn merit badges. It is also a time for a boy to learn more about himself, develop his leadership skills, build character, and enjoy our mountain environment.

Your Scouts will have the opportunity to experience a wide variety of programs, ranging from aquatics to shooting sports, from nature to mountain biking, from rock climbing to the First Class Center where the Scout Handbook comes alive with the essential camping and outdoor skills. Your troop experience should also include hiking/biking in the beautiful Elevenmile Canyon that surrounds Camp Alexander so your boys may experience the beauty of our Pike National Forest.

It is the goal of our Camp staff to make sure that each Scout that attends Camp Alexander this year has a great camping experience and is able to accomplish all of his set goals and still have time to have fun and enjoy the mountains of Colorado. The planning you do before he comes to camp will make the difference. Please take the time to read and use this leader's guide and other materials sent to your unit to make his week a great camping experience. Remember that a balanced program of advancement work and fun activities will help make it a great week for your Scouts.

We at Camp Alexander look forward to serving you. We will do our best to make your summer camp experience a very memorable one.

Yours in Scouting,

Alan B. Adler  
Camp Director

Dave McKenney  
Council Camping Chairman

# What to Expect

Camp Alexander is located in the beautiful Elevenmile Canyon in the Pike National Forest approximately 45 miles west of Colorado Springs, and two miles south of Lake George, in Park County, Colorado. Camp Alexander is between 8200 and 8600 feet elevation. The camp area consists of hills, low mountains, and valleys covered by a mix of Ponderosa pine forests, high-altitude grasslands, and wetland vegetation along our lake and stream. There is abundant wildlife including black bears, raccoons, skunks, rabbits, squirrels, deer, elk, and coyotes, snakes, and bald eagles.

At this elevation, there is very little topsoil between the grass and underlying bedrock which results in loss of vegetation very quickly during heavy use. Additionally, at this altitude, it takes several seasons for the land to recover from the environmental impact of our campers. The growing season is very short and we have to be conservation-minded. Please help us protect the environment at Camp Alexander by walking on established trails and respecting our campsites. As good stewards we must be careful that we don't over use the land to the point where it won't recover.

The weather at Camp Alexander is usually very nice with warm days, usually 75 degrees and cool nights, around 50 degrees; however, we have seen snow during the summer months - so Be Prepared!

## ***Civil Rights Statement:***

Rules for acceptance and participation in programs are the same for everyone without regard to race, color, national origin, religion, sex or disability.

## ***National Forest Service Statement:***

Camp Alexander is an equal opportunity service provider and a permittee of the Pike National Forest.



# ~ HOW TO GET TO CAMP ALEXANDER ~

## Directions to Camp Alexander from Colorado Springs, CO

Take Highway 24 West to the town of Lake George.

Entering the town of Lake George, take the first left - County Road 96. (If you cross the river - you went too far)

Follow County Road 96 (about 1 mile) to 11-Mile Canyon Entrance.

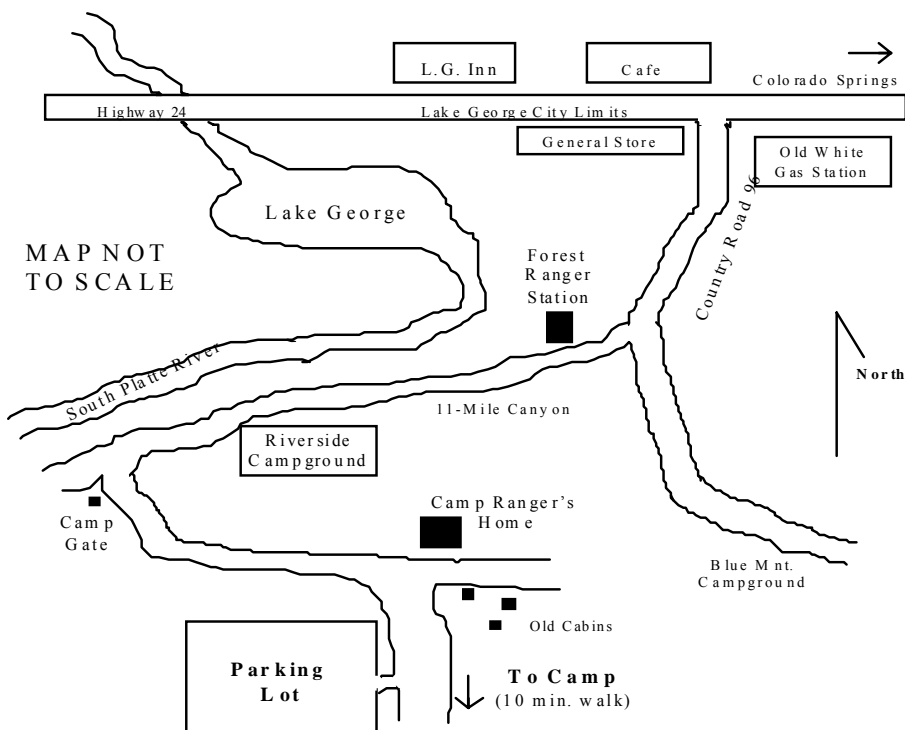
Turn right into 11-Mile Canyon and proceed to the Forest Ranger Station. Tell the gate attendant that you are heading to Camp Alexander. You do not have to pay the access fee into 11-Mile Canyon.

Follow 11-Mile Canyon past Riverside Campground about 2 miles (watch for oncoming traffic!).

Look for Camp Entrance on the left.

Follow the road to the Parking Lot and walk up to Camp Alexander's Office.

**Camp Phone # 719-748-3254.**



# ~ Pre-Camp Planning ~

## RESERVATIONS

### 2005 Camping Sessions:

Session 1: .....Jun 12-18	Session 5: .....Jul 10-16
Session 2: .....Jun 19-25	Session 6: .....Jul 17-23
Session 3: .....Jun 26-Jul 2	Session 7: .....Jul 24-30
Session 4: .....Jul 3-9	Session 8: .....Jul 31-Aug 6

### 2006 Camping Sessions:

Session 1: .....Jun 11-17	Session 5: .....Jul 9-15
Session 2: .....Jun 18-24	Session 6: .....Jul 16-22
Session 3: .....Jun 25 – Jul 1	Session 7: .....Jul 23-29
Session 4: .....Jul 2-8	Session 8: .....Aug 30-Aug 5

**2006 “Stake your Claim” Camp Alexander Reservations** can be made beginning Wednesday, April 6, 2005 for Pikes Peak Council units. “Out of Council” units are invited to make reservations beginning June 1, 2005. Reservation Fees are \$10 per camper for the minimum on the campsite chosen, plus \$35 per Campsite fee. **These fees are non-refundable** in the event your unit cancels its reservation.

### 2005 Fee Schedule is as follows:

Minimum campsite requirements must be met by campers (either Scouts or leaders) paying “FULL” price. Once the campsite minimum is met, the Scoutmaster and one additional leader for each campsite is allowed at no charge. All other Leaders and Scouts will be charged full price.

Pikes Peak Council Fees .....	\$180.00
“Out of Council” Fees.....	\$195.00
Wilderness Adventure-Pikes Peak.....	\$205.00
Wilderness Adventure-Out of Council.....	\$220.00

Leaders not staying the entire week at Camp Alexander can pay a **\$35 Day Fee** per day which includes 3 meals and the use of the shower building and other facilities.

**2006 Fees are subject to change and will be determined by October 14, 2005.**

# Campsite Requirements

Campsite	* Minimum Campsite Requirements	** Maximum Campsite Size
<b>Anasazi</b>	6	12
<b>Arapaho</b>	30	36
<b>Cherokee</b>	36	42
<b>Cheyenne</b>	18	24
<b>Comanche</b>	24	30
<b>Crow</b>	18	24
<b>Kiowa</b>	9	15
<b>Navajo</b>	42	48
<b>Oglala</b>	42	48
<b>Osage</b>	15	21
<b>Pawnee</b>	6	12
<b>Shawnee</b>	21	27
<b>Sioux</b>	39	45
<b>Ute</b>	27	33

\* Minimum Campsite requirements must be met by campers paying full price; this can include Scouts & Leaders.

\*\* Maximum Campsite Size includes adult leadership and reflects the total number of people that the campsite will hold.

**FOR EACH CAMPSITE, we require you to pay for at least the minimum number of Campers. The unit total CANNOT exceed the site maximum. We reserve the right to reassign campsites as needs dictate. Due to environmental and Health & Safety constraints, we are unable to move tents.**

**If unable to meet the minimum campsite requirements, please advise the Camp registrar immediately**

## **REFUND POLICY**

Any time a unit does not meet the payment schedule, the unit risks losing its reservation, including all fees paid up to that point. All monies paid by the unit are transferable between the campers IN THAT UNIT before the final payment date of April 30, 2005. If a Scout cancellation occurs AFTER the April 30, 2005 payment date, NO fees will be refunded unless documented by a medical doctor or a death occurs in the family. All refund requests MUST be made IN WRITING indicating that the camper should not attend camp and contain all pertinent information surrounding the cancellation **AND MUST BE RECEIVED** by August 15, 2005 Please send refund requests to the Camp Registrar at 525 E Uintah St., Colorado Springs, CO 80903.

Refund determinations will be made by the council camping committee by October 1 following the camping season. These refunds are subject to a minimum \$30 cancellation fee.

## **Pre-Camp Leaders Meeting**

All SPLs and leaders are encouraged to attend a Pre-Camp Leaders meeting on Saturday, April 23, 2005 at 10:30 am OR Thursday, April 28, 2005 at 7:00 pm at the Pikes Peak Council Service Center. These meetings are a great opportunity to meet some of the camp staff and ask questions regarding the camp program.

## **REQUIRED PAPERWORK FOR SUNDAY CHECK-IN**

All units **MUST** bring to camp the following forms and present them at check-in when your unit arrives at camp:

### **1. Proof of Insurance**

All Out of Council Units must present a current Accident and sickness Insurance Policy and claims form. Many councils provide this insurance for their units. Please contact your council for this insurance. Pikes Peak Council does not carry health or accident insurance on any Out of Council youth or leaders. It is the responsibility of the Unit to obtain proof of insurance.

### **2. Tour Permit:**

All Units attending Camp Alexander (including Pikes Peak Council units) must present an approved current Tour Permit at the time of check-in.

### **3. Unit Roster:**

This form must be filled out completely by each unit attending camp and submitted with final payments due April 30, 2005. Unit leaders should make and retain a copy of their unit's roster form. The roster will be evaluated upon check-in for any additional campers or no-shows; please be prepared to give an explanation of any boys not attending camp whose names appear on the roster, whether crossed out or not. Please note that at least one adult leader in each campsite at all times must be BSA Youth Protection trained. It is the unit's responsibility to ensure that every Scout and Leader is currently registered with BSA.

Prior to a Unit's arrival at Camp Alexander, unit leaders should speak with each Scout's parent/guardian as to who, other than the legal parent/guardian, the Scout may be released to from camp. ***It is the responsibility of the unit leader to release Scouts from camp to a parent or to persons other than the legal parent or guardian. The unit leader should have documentation from the Scout's parent/legal guardian as to who the Scout may be released to. The Camp will not release any Scout; it is the responsibility of the unit leader.***

### **4. Camp Medical Forms: BSA Class 3 Medical and HIPAA Forms**

Camp Medical Forms will be collected during a medical re-check when your unit arrives at camp. It is a requirement of the State of Colorado that ALL participants must have had a physical within the last 12 months prior to your arrival at Camp Alexander. **ALL persons staying over 24 hours are required to have a current BSA Class 3 Medical Form on file at the Camp Health Lodge.** All Scouts and Leaders **MUST** bring this specific form complete with a **"Camp approved Doctor's signature"** (See a list of approved types on page 9) to camp. BSA Class II Physical Forms, as well as school, military, church or sports physicals will under **NO** circumstances be accepted. **\*\*These forms may not be attached to a Class 3 Medical Form. Camp Alexander is required to keep all medical forms on file for 3 years. Please make copies prior to arrival at camp; collected forms will not be returned. The HIPAA release form should be stapled to class 3 medical.**

### **5. Campsite cooking menu selections**

### **6. Pre-swim classifications (if applicable)**

### **7. OA letter of membership for any Scouts wishing to be called out**

### **8. Adult Leaders Reference form**

*This form must be completed, with the 3 reference filled out*

## **MERIT BADGE ADVANCEMENT PLAN / PRE-REGISTRATION**

Merit Badge and other advancement activities are available for Pre-registration via Camp Select our online registration program only. You will be notified by letter as to what date you can go on-line and pre-register. Please make sure that your campers meet all of the age and rank requirements for the various merit badges. Advance planning is necessary. Some merit badges offered at Camp Alexander have pre-requisites, certain time periods and/or write-ups. Alert your Scouts to these pre-requisites, and make sure that these requirements are completed prior to camp. Merit Badge schedules and required pre-registration forms are included in the Leader Packet.

## **ARRIVING AT CAMP**

Camp Alexander does not have provisions for accommodating early arrivals or late stays at camp. **Units may not arrive at Camp Alexander until 1:00 pm on Sunday and must depart by 9:00 am on Saturday.** Please plan to arrive and be ready to check-in between 1:00 and 2:30 pm Sunday. If your unit needs to arrive into the Colorado Springs area early or depart late, please contact the Camp registrar at 719 634-1584 for information about options available. An alternate check-in time of Monday at 7:00 am is available to units not wishing to drive on Sunday. Advance notice that your unit will check-in Monday morning is **MANDATORY**.

- Upon arrival at Camp Alexander, your Troop Guide will meet you in the parking lot to assist your unit with check-in procedures and arriving at the campsite.
- The Scoutmaster's first stop will be the Business Office where the required paperwork will be collected. **Please keep the Camp 2005 Medical Forms and Medications with the Scouts as they walk with their Troop Guide to the campsite.**
- Upon arrival at the campsite the Troop Guide, SPL, Scoutmaster and Campsite Commissioner will inspect the campsite to ensure that any damage is noted on a check-in/out form. Units will be liable for any repairs and/or replacement costs for damage incurred during their stay.
- Campers will then proceed through the medical re-checks and swim tests.

**Two vehicles per Unit will be allowed to transport gear to the campsite. All other vehicles must remain in the parking lot. Camp Alexander will provide a vehicle to transport your troop gear, for those units arriving via bus or motor coach.**

# ~ HEALTH AND SAFETY ~

## **MEDICAL FORMS**

The State of Colorado and Department of Social Services have strict rules that Camp Alexander must follow. Please read the following section carefully.

All adults and Scouts must have a physical examination within the past 12 months of arrival at Camp Alexander and be signed by a medical doctor, M.D., D.O., R.N.P. or P.A./C. These are the only signatures which the Colorado Department of Social Services will allow to sign the BSA Class 3 medical Form.” Chiropractic doctor, D.P.M. signatures are unacceptable under Colorado Department of Social Services requirements. All examinations must be documented on a **CURRENT BSA CLASS 3 MEDICAL FORM. NO OTHER FORM WILL BE ACCEPTED. A HIPPA RELEASE FORM ALSO NEEDS TO ACCOMPANY THE HEALTH FORM**

All Scouts and adult leaders are required to participate in a medical “re-check” with the Camp Alexander Medical Staff upon check-in.

## **MEDICATIONS**

Under Colorado State Law, any Scouts bringing medication to camp, including herbal supplements must follow certain procedures. *All medication and herbal supplements must be checked in at the Health Lodge and will be made available by the Camp’s medical staff. This includes all over-the-counter medications. i.e. aspirin, Tylenol, etc. Please do not send these medications to camp as we have them available at the Health Lodge. Any adult bringing medication must secure and lock their medication.*



All medications and herbal supplements, whether prescription or over-the-counter **MUST be in the original container, marked with the campers name and Troop number.** ***Please do not cover-up information and instructions on the medication.*** A letter or prescription from a licensed medical practitioner (MD, DO, PA-C or RNP) must accompany the vitamins or herbal remedies with the name of the camper, the type of vitamins or herbal remedies, the dosage and the times of dispensing. If these requirements are not met, the vitamins or herbal remedies will not be made available and will be placed in a locked container in the Health Lodge and will be returned to the troop leader at the end of the week.

No adult leader or parent will be allowed to dispense any medication, vitamins or herbal remedies to any camper without the approval of the Camp Health Officer. (CO Dept. of Human Services) The **ONLY** medications that will be allowed to remain with the camper, by law, are rescue inhalers, epi-pens or ana-kits for allergic reactions. The type of rescue inhalers will be determined by the camp medical staff. **NO EXCEPTIONS WILL BE MADE TO THESE RULES AND REGULATIONS.** Medications and herbal supplements in pill boxes and non-original containers are considered contaminated and will be disposed of. Please send only enough medication for the week plus a little extra.

It is the responsibility of the adult leaders to ensure that Scouts are taking their medication during the week. Unit leaders must accompany their campers to the Health Lodge for their medications. Additionally, it is the responsibility of the adult leaders, on departure from camp, to collect any medications or herbal supplements from the Health Lodge.

Any camper, upon check-in, requiring treatment for a pre-existing condition (i.e., wound care) should bring a note from a doctor or parent, along with the sterile supplies necessary to perform the care, and instructions stating what needs to be done. We are happy to assist so that treatment can take place in a clean environment. Our medical staff will not administer injections.

### ***HEALTH AND PRE-CAMP CONDITIONING***

Camp Alexander is located at an altitude of 8,200 feet and above. At this altitude, extra strain is placed on the entire body, especially the heart and lungs. Any individual who may have doubts about their physical condition, or has a history of high blood pressure, respiratory, heart disease or coronary problems, must evaluate their situation with a physician.

We strongly encourage your Unit to participate in a conditioning program prior to arrival at camp. Unfortunately, we frequently have incidents of dehydration and high altitude sickness due to campers not taking the proper precautions. All Campers need to carry a water bottle with them at all times and wear plenty of sunscreen. Adult leaders should ensure that all Scouts drink plenty of water prior to their arrival and throughout each day. It is recommended that if coming from a lower altitude, that your unit arrive in the Colorado Springs area a day or two before camp starts to acclimate to the altitude.

**Camp Alexander reserves the right to refuse admittance to any Scout or Adult leader who, in the opinion of the Camp Health and Safety Director or Camp Director, may have any physical, mental or medical problems which could present a hazard to that individual or others at Camp Alexander.**

## ***MEDICAL CARE***

Our Health Lodge is equipped with supplies to handle most injuries which could occur in camp. BSA approved medical personnel are in camp 24 hours a day to handle such emergencies. If injuries are serious enough, we have made arrangements so that you can transport your Scouts and adults to medical facilities in Woodland Park or Colorado Springs.

## **MEDICATION TIMES**

The Camp's medical staff will make medications available at the following times:

7:30 - 8:45 am Monday - Friday  
11:30 - 12:00 pm Monday - Friday  
1:00 - 1:30 pm Monday - Friday  
4:30 - 5:00 pm Sunday - Friday  
6:30 - 7:00 pm Sunday - Friday  
9:00 - 10:00 pm Sunday - Friday

Special arrangements must be made with medical personnel to receive medications and herbal supplements at any time other than the times posted above.

## ***CAMP ALEXANDER WRIST BAND***

In order to comply with Boy Scout National Camping Standards, all campers, adult & youth, attending Camp Alexander will wear wrist bands. This will help in the identification of any unauthorized persons entering the camp property. It is the responsibility of the Troop Scoutmaster to let visiting parents know they must sign in at the business office when visiting camp and get a visitors tag. The Wrist band also serves as your meal ticket for the week. Staff who are in a designated staff uniform all day do not wear a wrist band but are identified by their staff uniform. It is the responsibility of all adult campers and staff to notify the camp office if someone is noticed on Camp property not wearing Visitor tag, does not have a wrist band on, and is not in staff uniform.

## ***EMERGENCY CARE***

The following procedures will be followed:

- Parents or guardians will be notified by the attending medical staff or Scout leader of any serious illness or injury as soon as practical. If parents/guardians will not be at home during the week of camp, the camp needs to know how to reach them. Please indicate on the Camp Medical Form.
- In the event the parents or guardians are unavailable, the unit leader will be asked to make decisions in their place.
- It is the responsibility of the unit leadership to provide transportation for a unit member requiring non-emergency medical services away from camp.
- We strongly encourage Units arriving by motor coach to bring one vehicle to camp in case of a Unit emergency.
- Two adult leaders will accompany the Scout or leader requiring non-emergency medical services. The leaders must obtain a copy of the Scout's medical form from the Health Lodge before leaving camp (the original form will stay in camp) and sign-out at the Camp Office. Adult leaders from another Troop or a commissioner may be used to provide the necessary two-deep leadership requirement. Please remember the two-deep leadership requirement must also be met in the campsite.
- Directions to medical facilities will be provided at the Health Lodge.
- In the event of serious medical emergency care, patient care will be handled by local emergency medical services.
- Emergency transportation will be the responsibility of the Camp Medical Staff and Camp Director (ambulance and helicopter).

# ~ WHAT TO BRING TO CAMP ~

## Suggested Troop Equipment:

- |   |   |
|---|---|
| <input type="checkbox"/> Troop Flag         | <input type="checkbox"/> Troop Library          |
| <input type="checkbox"/> Patrol Flag        | <input type="checkbox"/> Cook Equipment & Stove |
| <input type="checkbox"/> Home State Flag    | <input type="checkbox"/> Propane Fuel           |
| <input type="checkbox"/> Patrol Cook Boxes* | <input type="checkbox"/> Propane Lanterns       |

BSA Merit Badge Application (Blue Cards) or your local Council Merit badge Application form for each merit badge taken by each Scout.

\* Please refer to the current edition of the "Guide to Safe Scouting" and reference the Food section on page 22.

## Suggested Personal Equipment:

- |   |  |
|---|--|
| <input type="checkbox"/> Completed class III Medical Form-MANDATORY | <input type="checkbox"/> Pillow                        |
| <input type="checkbox"/> Complete BSA Uniform                       | <input type="checkbox"/> Plastic to Cover Gear         |
| <input type="checkbox"/> Short & Long Sleeve Shirts                 | <input type="checkbox"/> Pocket Knife                  |
| <input type="checkbox"/> Warm Jacket                                | <input type="checkbox"/> Camera                        |
| <input type="checkbox"/> Underwear, Socks & Pajamas                 | <input type="checkbox"/> Mess Kit                      |
| <input type="checkbox"/> Short & Long Pants                         | <input type="checkbox"/> Watch                         |
| <input type="checkbox"/> Swim Trunks & Towel                        | <input type="checkbox"/> Water Bottle ***              |
| <input type="checkbox"/> Raincoat/Poncho ***                        | <input type="checkbox"/> Flashlight ***                |
| <input type="checkbox"/> Cap/Hat                                    | <input type="checkbox"/> Scout Handbook                |
| <input type="checkbox"/> 2 Pair Sturdy Hiking Boots/Shoes           | <input type="checkbox"/> OA Sash (if member)           |
| <input type="checkbox"/> Pack *** or Duffel Bag                     | <input type="checkbox"/> Notebook, Pens/Pencils        |
| <input type="checkbox"/> Day Pack                                   | <input type="checkbox"/> Sunglasses                    |
| <input type="checkbox"/> Blankets or Sleeping Bag ***               | <input type="checkbox"/> Spending Money (suggest \$50) |
| <input type="checkbox"/> Cot  | <input type="checkbox"/> Sunscreen and Chapstick       |
| <input type="checkbox"/> Foam Pad or Ground Cloth ***               | <input type="checkbox"/> Personal Toiletries           |

Please label all items with name, address & troop number. Please do not bring open-toed sandals to camp.

\*\*\* If Scouts plan to participate in a Program Area overnight activity, these items are highly recommended.

## ~ RESOURCES WHILE YOU ARE AT CAMP ~

### **CAMP COMMISSIONER PROGRAM**

The Camp Commissioner Program is designed to support each unit in camp and to make their stay at Camp Alexander a pleasurable and rewarding experience.

Commissioner activities are not limited to but may include:

- ▯ Campsite Check-in
- ▯ Helping units complete joint unit campsite inspections
- ▯ Arranging inter-troop activities
- ▯ Boards of Review
- ▯ Securing camp equipment for Scout skill instruction
- ▯ Assisting units with the Camp Program so it can benefit each Scout, patrol & Troop.

### **TROOP GUIDES**

Troop Guides are assigned to each unit at camp. These exceptional Staff members are there to support your unit in making you feel at home while at Camp. Troop guides will meet your unit in the parking lot at check-in and be a friend during your time at camp. Like the Camp Commissioners please use them as one of your most valuable resources at Camp.

### **SCOUTMASTER & SPL NOTEBOOK**

At the Leaders Meeting on Sunday evening each Scoutmaster and SPL will receive a NOTEBOOK for their use while they are at Camp. It includes a wealth of information from Campsite Duty Assignments to how to handle a homesick Scout.



# EQUIPMENT RESOURCES

## In your Campsite:

Camp Alexander's 14 campsites come in all different shapes and sizes and are annually updated and improved. Noted below is a basic campsite inventory that your unit can expect upon its arrival.

- ☐ Tentage per campsite maximum
- ☐ Dining Fly and Frame
- ☐ Picnic Table ( numbers vary depending on capacity of site)
- ☐ Flagpole
- ☐ Pit Toilet
- ☐ Hand Wash Basin
- ☐ Running Water
- ☐ Garden Hose
- ☐ Rake, Shovel & Broom

Tents are pitched on steel frames with all wooden floors. There are NO cots or sleeping pads available at Camp Alexander.

## Camp can also supply you with:

Available at no extra charge for units to check out from their Camp Commissioner, is the infamous PROGRAM BOX. This box is filled with items designed to assist units while at camp. If Boxes are available more than one can be checked out for your unit.

## PROGRAM BOX items include:

- |                            |                        |
|----------------------------|------------------------|
| ☐ American Flag            | ☐ Patrol Cook Kit      |
| ☐ Compass                  | ☐ Hand Axe             |
| ☐ Star Finder Chart        | ☐ Sharpening Stone     |
| ☐ Boy Scout Handbook       | ☐ Sharpening StoneRope |
| ☐ BSA Scoutmaster Handbook |                        |



## ~ CAMP POLICIES ~

At Camp Alexander, the Scout Oath and Law are our guiding principles. We expect each leader to provide the guidance within the unit to follow these principles, the policies of Camp Alexander, Pikes Peak Council and the Boy Scouts of America. Please reference the Guide to Safe Scouting for all camp-related BSA policies.

**ADULT LEADERSHIP AND YOUTH PROTECTION:** Each unit is required to provide its own leadership. A minimum of two registered adult leaders is required in each unit campsite. The unit leader or anyone serving as a unit leader must be at least 21 years old and a registered member of the Boy Scouts of America. At least one adult leader in each campsite throughout the week must be currently BSA Youth Protection trained.

**HARRASSMENT:** No hazing, harassment, etc. is allowed. Any incidents must be reported.

**CAMPER MEMBERSHIP REQUIREMENTS:** All campers staying overnight must be a registered Boy Scout, Venture Scout, or adult leader. All female campers staying overnight and under the age of 18 years, must be attending camp with a Venture Crew and be registered as a Venture Scout with that crew. All Venture Crew members must be at least 14 years of age. Scouts, Troops, Adults and Venture units (or similar section) attending Camp Alexander from outside the United States and the Boy Scouts of America must be registered members of an International Scout movement recognized by the World Scout Bureau in Geneva, Switzerland.

**TOBACCO USE AT CAMP:** In accordance with BSA National Policy there will be no use of any tobacco products in the presence of youth at Camp Alexander. In addition, all buildings are considered to be "Smoke Free Environments". The only approved smoking area is within the Kiva when NO Scouts or programs are present or in session. Smoking is permitted only during daylight hours.

**TELEPHONE USE:** There is a pay phone available for your use. Scouts must be accompanied by an adult in order to use the phone. Calls should be kept to three minutes or less.

**GAMES OF CHANCE:** Games of chance and gambling are not allowed, as they are not Scouting-appropriate activities.

**PET POLICY:** Thank you for not bringing the family pets to camp—pets are NOT welcome

**FUEL:** No liquid fuels are allowed. Camp Alexander, in conjunction with the National Forest Service, only allows propane fuel in camp.

**BEARS AND TRASH:** Bears are known to visit Camp Alexander in search of food and they have an exceptional sense of smell. Food and candy should not be stored in any campsite and no food should be taken from the dining hall. All trash collected in the campsite must be brought to the dumpster, located behind the Elk's Lodge, prior to 8 p.m. each night. Chipmunks and squirrels are also a part of Camp Alexander and have been known to chew through backpacks to get to candy and food. Please keep all food out of the tents. Please lock all food items in troop trailers or other critter-proof containers.

**CAMP FIRES:** All cooking that takes place in your campsite must utilize propane stoves. Absolutely NO campfires or charcoal cooking will be allowed within the campsite. We have adopted this policy in accordance with both Colorado & National Forest Service Fire Regulations

**VEHICLE & PARKING ARRANGEMENTS:** All vehicles must be parked in the parking lot, which is a 10 minute walk to the Elks Lodge/Dining Hall. Guests arriving at camp should be made aware of the parking procedures. Troop trailers may be left in the campsites depending on size, but NO personal vehicles (to include campers and motor homes) are allowed in the campsites during the week, except to transport a Scout for a medical emergency. For such medical emergencies, permission must be obtained from the Camp and a permit will be issued. Disabled permits are available from the Camp medical staff, and the disabled rules and parking locations will be explained at that time.

**VISITORS:** There are no facilities or camping areas available at Camp Alexander for visitors or family members to stay. Please see the local accommodations on page 18.

**RELEASE OF CAMPERS:** It is the responsibility of the unit leader to release Scouts from camp to a parent or person other than the legal parent or guardian. The unit leader should have a letter from the Scouts parent/legal guardian as to who is going to pick-up the Scout. The camp will not release any Scout; it is up to the unit leader to release a Scout from Camp Alexander.

**FIREARM RESTRICTION:** Camp will provide rifles, shotguns, bows, arrows and ammunition at the shooting sport ranges. Under no circumstances are ammunition or weapons to be brought to camp.

**ALCOHOLIC BEVERAGES AND ILLEGAL DRUGS:** Alcoholic beverages and illegal drugs are not permitted in Scout Camp. Possession or use of them on camp property will be cause for removal from camp

**PERSONAL ITEMS:** The camp is not responsible for lost or stolen personal items. Lockers are available for use by adults. Please see the Camp Business Office. Personal bikes/mountain bikes are not permitted at Camp.

**VISITORS:** All visitors must check in and out with the Camp Office when arriving and leaving camp.

**LEAVING CAMP:** All Campers, Scouts and Leaders, must sign out and in at the Camp Office when leaving camp property.

**PLEASE REVIEW THE “GUIDE TO SAFE SCOUTING”  
FOR ALL SAFETY POLICIES**



# ~ HELPFUL TIDBITS ~

## **LOCAL ACCOMMODATIONS**

There are two motels located in Lake George, Colorado :

Eleven Mile Motel Cabins (719) 748-3931

Lake George Cabins & RV Park (719) 748-3822

For campgrounds in the Eleven Mile State Park area call: (800) 278-2267 (Denver area only call (303) 470-1144).

For the Riverside, Blue Mountain, Spillway, or Round Mountain Campgrounds call (877) 444-6777. Website: [www.parks.state.co.us](http://www.parks.state.co.us). These campgrounds are all within 5 miles of Camp. Additional motels are available in the towns of Woodland Park and Manitou Springs. United States Forest Service campgrounds are located in the 11-Mile Canyon. However, this is a popular recreation area and is usually crowded. For information about camping in 11-Mile Canyon, call the U.S. Forest Service at 719-836-2031.

## **LAUNDRY FACILITIES**

There are no laundry facilities available to campers at Camp Alexander. Laundry facilities are available in the towns of Florissant, about 8 miles away, or Woodland Park, about 25 miles away from camp.

## **VALUABLES**

It is suggested that the Scoutmaster or some other adult serve as a "banker" during the week, allowing Scouts to check their money in and out from that person. Lockers will be available with lock and key for each unit's use through out the week.

## **CHECK-OUT**

All units are required to check-out and depart Camp by 9:00 am Saturday. Please have all drivers arrive no later than 8:15 am.

## **EARLY CHECKOUT**

Units wishing to check-out Friday must do so between 1:15 pm and 4:00 pm. All gear must be loaded in vehicles and parked at the parking lot.

Units are asked NOT to return to their campsites once checked out by a Staff member but are encouraged to participate in the Friday Family Night Dinner and the closing ceremonies and campfire.

## **PHYSICALLY CHALLENGED PERSONS**

Campsite facilities are available for physically challenged persons. Please contact the Camp Administrative Director prior to your arrival regarding the availability of facilities.

## FOOD—A SCOUT IS ALWAYS HUNGRY

All meals will be served buffet style in the Upper Elks Lodge Dining Hall with the exception of Wednesday lunch and dinner and Thursday breakfast. These three meals will be cooked in the campsite by the units. Menu Options (including Hot and Cold choices) will be available and ingredients will be packed by the Food Service Staff. Several of the stronger Scouts and an adult leader will need to collect the Unit's food from the Dining Hall for each of the campsite meals. Troops will need to provide their own cooking equipment and mess kits for meals cooked in Campsites.

### INDIVIDUAL VISITOR MEALS

Visitors may purchase individual meals at the Camp Office daily.

Breakfast—\$6.25   Lunch—\$7.25   Dinner—\$8.50  
Thursday Leaders Steak BBQ—\$10.00  
Family Night Dinner—\$8.50 for 7+ years and \$4.25 for under 7.

### SPECIAL DIETS

Any campers requiring a special diet must notify Camp Alexander, in writing, at least 1 month prior to their arrival at camp. Please include the camper's address, day time phone number, unit number and dates attending along with the details of the diet restrictions.

### TRADING POST

Camp Alexander's Trading Post is a store where every camper can find special program items, mementoes or gifts. Located adjacent to Handicraft, the fully stocked trading post carries craft, apparel & food items. Below is sample of some items in stock through out the summer.

Carving Kits.....	\$3.00+	Leather Kits.....	\$2.25 +
T-Shirts .....	\$12.00+	Shotgun Tickets .....	5 for \$1.50
Rifle Tickets .....	10 for \$0.50	Archery Kits .....	\$2.00+
Candy .....	\$.75 \$2.00	Soda .....	\$1.25+
Ice Cream .....	\$1.00 to \$3.50		

*Please refer to page 49 for Trading Post hours.*

### Pre-Camp Trading Post Orders

Units may take advantage of pre-ordering 2005 Camp Alexander T-Shirts, Hats and some miscellaneous items. These will be available to you at check-in. Some pre-order items may be available for sale in the Camp Trading Post during camp, however supplies and sizes will be limited. A pre-order form will be sent to your unit prior to camp.

**Camp Alexander logos and designs are intended solely for Camp Alexander use. Please do not copy or use logos or designs on any personal or troop clothing or equipment.**

## **CAMP MAILING ADDRESS AND PHONE NUMBER**

It's always nice to receive a letter or post card from home. It can be one of the greatest cures for homesickness, and helps to encourage and motivate. Please make sure that a return address is included. These addresses and phone numbers are not intended for pre-camp registrations, payments or information.

Scout or Leader Name, Troop Number  
Campsite Name  
Camp Alexander, BSA  
P.O. Box 450  
Lake George, CO 80827-0450

**Parcels and packages if sent by UPS, Federal Express, or similar, should be addressed:**

Scout or Leader Name, Troop Number  
Campsite Name  
Camp Alexander, BSA  
2182 County Rd. 96  
Lake George, CO 80827-0450

Emergency telephone numbers:

Camp Alexander 719-748-3254  
Camp Alexander Fax# 719-748-4784  
Pikes Peak Council Service Center 719 634-1584  
Pikes Peak Council Service Center Fax 719 634-1436

### **Cell Phone / Internet Service**

Camp Alexander sits in a valley surrounded by high hills. Due to this fact, there is **NO** cell phone service at Camp or within 10 miles. We do not have any internet service available for use by campers or adult leaders.

# ~ PROGRAM FEATURES ~

## OUR PROGRAM PHILOSOPHY

On the following pages, you will find the details of the 2005 Camp Alexander Program. Included are age and rank requirements

Boys should not be overburdened with work. Encouragement should be given to each Scout to have at least one merit badge period "off" each day, which will maximize enjoyment and minimize fatigue.

Merit badge sessions at Camp Alexander are designed to be only part of the Scout's day. Additionally, our program areas offer free/open time activities and special events throughout the week.

## PROGRAM RECOMMENDATIONS

We promote an age appropriate camp program and have designed our merit badge and camp wide activities to ensure a Scout's advancement goals are met while ensuring his enjoyment and excitement at camp. A counseling session prior to camp with the Scoutmaster and SPL will help a Scout achieve his advancement goal. It will also enable our staff to concentrate on the requirements that the Scout needs.

### ⇒ **First Year Camper Program:**

*First Class Center Advancement, Basketry, Leather Work, Swimming and Woodcarving merit badges.* This program is designed for Scouts who have not yet achieved the rank of First Class.

### ⇒ **Second Year Camper Program:**

*Anything not earned on the First Year Camper list, Camping, Fish & Wildlife Management, Fishing, Geology, Indian Lore, Mammal Study and Rifle Shooting merit badges.*

This program places its emphasis on merit badge work. Camp Alexander provides the unique setting for completion of badges that can only be earned in the great outdoors.

### ⇒ **Third and Fourth Year Camper Programs:**

Anything not earned on the First or Second Year Camper lists: Archery, Astronomy, Canoeing, Climbing\*, Environmental Science, Lifesaving, Nature, Orienteering, Pioneering, Rowing, Shotgun Shooting\*, Weather and Wilderness Survival merit badges.

**Scouts participating in Shotgun Shooting merit badge must be First Class and 13 years or older.**  
**Scouts participating in Climbing merit badge must be First Class and 14 years or older.**

Older Scouts who have reached the rank of First Class or above are encouraged to work on some of the more difficult merit badges offered at Camp. The merit badges listed above take a great deal of time to earn and are geared toward older Scouts. Other unique opportunities for older Scouts include BSA Lifeguard, challenging hikes and extended mountain bike rides. These Scouts should also be utilized in leadership positions within the troop.

## **MERIT BADGE BLUE CARDS**

All Scouts will need to provide their own blue cards, signed by the Scoutmaster, with the name of the merit badge clearly printed in the relevant sections. All blue cards will be returned at the end of the week, whether a partial or completed merit badge is earned.

We require Scouts completing pre-camp requirements for merit badges to get in contact with a registered BSA merit badge counselor who will sign-off any requirements satisfactorily completed (issue a partial). This is especially relevant for some of the Nature oriented merit badges which, in some cases, require two or three month observations.

Blue cards with partials entered in and signed must be presented to the relevant area Directors. All blue cards, whether partial or blank, must be handed into staff on the first day of class.

**Camp Alexander staff is unable to sign off any work completed outside of the camp.**



# FIRST CLASS CENTER (FCC)

As Scoutmasters, you are strongly encouraged to emphasize the need for rank advancement to all Scouts who have not yet reached the rank of First Class. Opportunity is presented to you by utilizing our First Class Center, where the staff are willing and able to meet your Scouts' advancement goals at Camp Alexander.

First year Scouts should plan to spend a minimum of two hours (double session) each day at our First Class Center, depending on their advancement needs.

First Class passports will be issued to each Scout upon arrival at the First Class Center. Our staff will guide each Scout through the requirements he needs that are offered. Each Scout will be taught the subject matter and then tested on the material by one of our staff. Upon the successful completion of any requirement, a signature or stamp will be placed in the passport indicating to the Troop leadership that the Scout has learned that requirement. However, **the Senior Patrol Leader, Patrol Leader or Scoutmaster should administer the final test and sign the Scout's handbook.**

There are a number of rank requirements that the Troop leadership can work on with each Scout in their respective campsites. Please see your Campsite Commissioner or Troop Guide for any additional equipment that you may require.

Adult leaders interested in helping out at the First Class Center should contact the FCC Area Director. Leaders are encouraged to attend their Scout's first session to help with the boys' placement into the correct areas of instruction.

Hiking and swimming requirements are offered and coordinated between the First Class Center, Hiking and Swimming departments respectively.



# FIRST CLASS CENTER

## THE FOLLOWING REQUIREMENTS ARE TAUGHT

### TENDERFOOT:

4a, 4b, 5, 6, 7, 9, 12a & 12b

### SECOND CLASS:

1a, 1b, 2c, 2d, 2e, 6a, 6b, 6c, & 7a, 7b, 7c

### FIRST CLASS:

1, 2, 7a, 7b, 8a, 8b, 8c, 8d, 9b, & 9c



## First Class Center Timetable

### Morning session from 9am till 11:45am

Monday.....Tenderfoot requirements, Totin Chip  
Tuesday.....Tenderfoot and 2<sup>nd</sup> Class Requirements  
Wednesday.....2<sup>nd</sup> Class Req. And 5 mile hike  
Thursday.....2<sup>nd</sup> and 1<sup>st</sup> Class requirements  
Friday.....Make up session , Firem'n chit card

### Afternoon session 1:30 pm till 4:15pm

Monday....Requirements for all three ranks Totin chip  
Tuesday.....Requirements for all three ranks  
Wednesday.....Requirements for all Ranks, 5mile hike  
Thursday.....Req. for all ranks, swimming Req..

If any Scout has one requirement to complete they may attend the First Class Center Area for a single session

**Totin Chip** will only be offered on Monday Only- this will include the Scouts that need it to be able to participate in the woodcarving merit badge.

**The swimming requirements** can only be offered on Thursday afternoon, Scouts need to be at the First Class Center by 1:15pm (If any Scout is doing the swimming merit badge they will cover the Requirements needed)

**The Firem'n Chit** is offered on Friday morning and covers requirements 2d and 2e for Second Class.





# ~ MERIT BADGE PROGRAMS ~

## AQU



A-quat-ic (e kwät' ik) *adj.* done in or on the water.

From learning to swim in our pool, to boating on the lake, the Aquatics staff is willing and ready to teach it all. In addition to merit badges, BSA Lifeguard Certification and a Polar Bear Swim are popular activities. Don't forget open boating/swimming is a great way to cool off and relax in the afternoons.

Our Aquatics Department will offer the following merit badges and activities this summer:

*Rowing ~ Canoeing ~ Swimming ~ Lifesaving*  
*Instructional Swimming ~ Snorkeling BSA*  
*Polar Bear Swim ~ BSA Lifeguard Certification*  
*Mile Swim*

***Experience has shown us that Scouts working towards both Canoeing and Rowing merit badges should be at least 13 years or older and First Class rank or above. In addition, our advice to all Scoutmasters is that Scouts enrolling in Snorkeling BSA, have held the Swimming merit badge for at least one year and hold the First Class rank or above.***

CPR Certification and/or basic CPR knowledge required for canoeing, rowing, lifesaving and swimming merit badges are **NOT AVAILABLE** at camp. Scouts with a signed, current CPR card or with a completed First Aid merit badge blue card, should present documentation to aquatics staff for proof of knowledge of CPR requirements.

Leaders will have an opportunity to participate in Camp Alexander's own **Adult Water Safety** program. This program incorporates the BSA Safety Afloat & Safe Swim Defense trainings along with additional instruction concerning fast moving water. Schedules for these classes will be available at check-in. In addition, units will have an opportunity throughout the week to be coached in Safe Swim Defense and Safety Afloat. To schedule an orientation, please see the Aquatics Staff.

### BSA Lifeguard

Older Scouts who are considering enrolling in the invaluable BSA Lifeguard Certification **MUST** be made aware that for acceptance into the class, they have to be at least 14 years old or have completed the eighth grade.

In addition, to qualify for BSA Lifeguard Certification, following BSA National Policy, the candidate must complete the course consisting of a MINIMUM of 30 hours instruction under the direction of the Aquatics Staff. With this time factor in mind, potential candidates should be made aware that other activities outside of the BSA Lifeguard course will be limited due to the restraint on their time.

Class times will be determined by the Aquatics Director and participants. A Scout Needs to have skills in First Aid, Lifesaving, Swimming, Rowing and Canoeing and have current CPR certification before starting on this award. This course is also available to adults. A minimum number of 4 participants must be enrolled in the BSA Lifeguard Certification for our staff to run this course.

### ***Swimming Lessons***

All Scouts should know how to swim. We offer instructional swimming for Scouts who are non-swimmers or for those that would simply like to improve their skills. Please make arrangements with the Aquatics Staff so that skill evaluations and scheduling may take place.

### ***Polar Bear Swim***

The final full day of camp, Friday, begins at 6:15 AM with a refreshing dip for those Scouts and Scouters who are brave enough to sample the chilly waters of Camp Alexander.

Participants who successfully complete this cool dip, may purchase a much sought after and well earned Polar Bear patch at the camp Trading Post. Warning - this program is not for the faint hearted.

### ***Mile Swim***

Scouts with very strong swimming skills may wish to earn the Mile Swim BSA award. To earn this award, a Scout must complete a pre-conditioning program held Monday through Wednesday (one hour a day) and swim a distance of 1 mile (1600 meters) on Thursday.

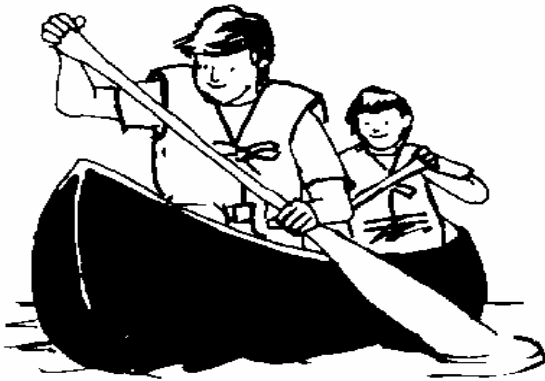
### **Pre-Camp Swim Classifications**

Units residing at 5000' and above are encouraged to conduct a pre-camp swim classification in their units to expedite the check-in process at camp. All persons participating in BSA Aquatics must be classified according to swimming ability.

Please refer to the 2005 Swim Classification procedures form in the Leader Packet. This form must be completed and broght with you upon your unit's arrival at Camp. A list of places to conduct swim checks in Colorado Springs will be sent prior to Camp. Units arriving early may want to conduct their swim checks prior to arriving on Sunday.

# AQUATICS SCHEDULE

	9:00	10:30	1:30	3:00
Swimming Merit Badge	X	X	X	
Lifesaving Merit Badge	X	X	X	
Canoeing Merit Badge	X	X	X	
Rowing Merit Badge	X			
BSA Lifeguard	By	Appointment	Only	4:00
Mile Swim				X
Snorkeling				X
Open Boating				X
Open Swim				X
Instruct Swim				X



# HANDICRAFT

hand-i-craft (han' de kraft') *n.* work that requires both manual and artistic skill.

Along with the First Class Center, the Handicraft Center at Camp Alexander makes up the hub of our first year camper program. Badge for badge, more Scouts earn Handicraft merit badges at Camp Alexander than at any other area.

Our Handicraft Center will offer the following merit badges this summer:

Basketry ~ Leatherwork ~ Woodcarving

Those Scouts wishing to earn a Handicraft merit badge can show up at the beginning of any session to begin working on their merit badge. They are then free to work on their projects through Friday morning on an "open" basis anytime the Handicraft area is open. Scouts who are not enrolled in classes are still welcome to come down and try their hand at various projects and activities during open times. Scouts wishing to work on the Wood Carving merit badge are advised to have or be working on their Totin' Chip card. Totin' Chip card may be earned at the First Class Center on Monday only. There are costs for project kits that can be worked on at the Handicraft Center. Project kit prices range from \$2.00-12.00 and can be purchased in the adjacent Camp Alexander Trading Post.

## HANDICRAFT SCHEDULE

	9:00	10:30	1:30	3:00
<b>Basketry</b> Cost: \$5-\$12 Need to do 2 baskets	X	X	X	X
<b>Leatherwork</b> Cost: \$2 - \$10	X	X	X	X
<b>Woodcarving</b> Cost: \$2 - \$10	X	X	X	X

Monday and Wednesday work best to start a Handicraft Merit Badge

# NATURE & CONSERVATION



na-ture (náycher) *n.* phenomena, including plants, animals, landscape, etc.

con-ser-va-tion (kên sur ve' shen) *n.* preservation, especially of the natural environment.

Camp Alexander's 300+ acres provide a wonderful classroom for the exploration and studying of the great outdoors. Situated in some of the finest countryside any camp in the United States has to offer, our comprehensive nature program taught by knowledgeable staff is a camp highlight.

Our Nature Center will offer the following merit badges this summer:

Astronomy ~ Geology ~ Fishing  
Environmental Science ~ Mammal Study ~ Fly Fishing  
Fish & Wildlife Management ~ Nature  
Forestry ~ Weather

***Environmental Science is an advanced, time-consuming and demanding merit badge recommended only for Scouts at least 13 years old and at least First Class in rank. All of the Merit Badges require each scout to bring paper and pencil.***

- **Environmental Science:** Camp Alexander has created it's own workbook to use for the E Science merit badge class, available for \$1.00 at the Camp Trading Post.
- **Fishing Licenses:** Campers may fish in Lake Alexander, but must first have a Camp Alexander Fishing Permit. This permit is earned by attending an orientation at the Nature Center. Please see the Nature Staff for details. In order to fish on the South Platte River, anyone over the age of 16 must first obtain a State of Colorado Fishing License. Colorado State Fishing licenses can be purchased in Lake George.

## **Camp Alexander Fishing Rules**

### ***Fishing at the lake:***

- To fish at the lake, you must have an official Camp Alexander Fishing Permit.
- Catch and keep only on Wednesday and only one fish per camper will be kept. Reminder: Fish remains must be taken to the trailer behind the Elk's Lodge in a trash bag that evening. Camp Alexander does not provide storage or any cooking material for the fish.
- Only flies, lures, and salmon eggs are allowed to be used as bait.
- All hooks must be barb less or have the barb crimped down. Treble hooks are prohibited at the lake.
- All Scouts must have a buddy with them in order to fish.

**Fishing is only allowed during daylight hours.**

### ***Fishing at our river Frontage:***

- You must check out at the Business Office before you go to the river where you will receive a green fishing permit.
- You must remain on Camp Alexander property at all times.
- Scouts must be accompanied by an adult at all times. No "one on One" Permitted.
- You must have a Camp Alexander fishing permit, and if you are 16 or older, you will also need a Colorado State Fishing license.
- Catch and release only at the river.
- Barb less hooks, lures, and flies only. No power bait, salmon eggs, and no treble hooks are allowed.

### **Fishing Equipment:**

All equipment Rod, hook, lures etc. should be brought by each person wishing to fish at the Lake or on the River We do have some equipment available at camp for Merit Badge work only. They rent for \$3.00 per session Scout can purchase a rental ticket at the trading post and pick up equipment at the Nature Center.

### **Fly Fishing Merit Badge**

The Fly Fishing Merit Badge requires a \$10 ticket for materials to be purchased at the Trading Post prior to the start of class. The Fly Fishing Merit Badge is for Scouts 13 years and older. It is a double session merit badge held Monday through Friday morning.

### **Camp-wide Conservation Service Projects**

A Scout, his buddy his Patrol or the Troop are encouraged to take part in camp conservation projects. One, two and three hour projects will be available throughout the week. Some on-going projects will be tackled by multiple Troops throughout the summer making the service a true Scouting team effort. For further details, please contact the Camp Conservation Director.



## **NATURE SCHEDULE**

	<b>9:00</b>	<b>10:30</b>	<b>1:30</b>	<b>3:00</b>
<b>Astronomy</b> Eve/Night Activities Completion dependent on weathers conditions		X		X
<b>Environmental Science</b> Do Req #4	X	X	X	X
	Double Session		Double Session	
<b>Fish &amp; Wildlife Management</b> Bring Notebook	X			
<b>Fishing</b> Bring equipment, Camp A Permit required			X	X
<b>Forestry</b> Do Req #5, bring notebook	X			
<b>Geology</b> Read book, bring notebook		X		
<b>Mammal Study</b> Read book, bring notebook		X		
<b>Nature</b> Read Book, bring notebook			X	
<b>Weather</b> 1 <sup>st</sup> Class, read book, do Req #8 and #9 with unit				X
<b>Fly Fishing</b>	X	X		
	Double Session			

### ***“Theodore Roosevelt” Conservation Award***

This award, unique to Camp Alexander, is designed to promote conservation and to encourage Scouts to appreciate Mother Nature.

To earn the “Theodore Roosevelt” Conservation Award, campers must do all of the following:

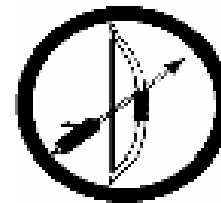
1. participate in one of the Blue Mountain Hikes led by the hiking department
2. take part in a Nature Hike sponsored by the Nature Center Staff
3. perform 1 hour of Camp supervised trail maintenance
4. and earn 1 merit badge from the Nature area

# SHOOTING SPORTS

Shoot (shoot') *v.* to discharge or fire a bullet, arrow, gun, etc.

Sport (sport) *n.* A game or competitive activity.

The sheer exhilaration of self competition when an arrow, bullet or shot reaches its mark is second to none. Shooting sports disciplines the mind and body to concentrate, relax and enjoy.



As with our other program areas and activities, the emphasis at our shooting ranges is safety. The rules may seem strict, but they assure a safe, fun environment for all campers to come and test their abilities.

Our Shooting Sports Area will offer the following merit badges this summer:

Archery ~ Rifle Shooting ~ Shotgun Shooting

Scouts working towards both Archery and Rifle Shooting merit badges should be second year campers and First Class rank and above. Our advice is that Scouts begin with Rifle Shooting and then advance to the Archery merit badge. Normally Scouts should not work on two Shooting Sports merit badges at the same time due to the large amount of time required to qualify for each merit badge. Archery requires a certain degree of strength and patience.

- ▶ Scouts wishing to enroll in the Shotgun merit badge MUST be at least 13 years old and First Class rank or above.
- ▶ A Scoutmaster Shootout is open to all adults of any or no shooting ability. This is a fun, relaxing activity for all adult leaders. Times and details are available at camp.
- ▶ Shooting tickets for all rifle and shotgun range ammunition, and archery merit badge project kits need to be purchased at the Camp Trading Post prior to the start of classes Monday morning.

***Please do not bring firearms, ammunition, bows or arrows to camp. BSA National Standards and insurance requirements prohibit their presence on the property. They cannot be stored in Campsites, vehicles or used on our ranges. Thank you for your cooperation in this very important matter.***

## SHOOTING SPORTS SCHEDULE

	9:00	10:30	1:30	3:00
Archery	X	X	X	Open Shoot
Rifle Merit Badge	X	X	X	Open Shoot
Shotgun	X	X	X	Qualifying Shoot

## SHOOTING SPORTS PREREQUISITES

Merit Badge	Prerequisites and Notes
Archery	1 <sup>st</sup> Class Rank, Totin-n-chip card Material costs \$10.00
Rifle	1 <sup>st</sup> Class Rank Material costs: Minimum \$5.00
Shotgun	13 years + 1 <sup>st</sup> Class Rank Material costs: Minimum \$15.00

\*Note: Rifle and Shotgun shooting cost depends on the ability of the Scout doing the shooting. The more he needs to shoot to qualify for the badge the more the cost. That is one of the reasons for the prerequisites above. Younger Scouts have not yet developed the hand and eye co-ordination needed.

# OUTDOOR SKILLS

Out • door (out) - (dôr) *adj.* being or occurring outside in nature.

Skill (skil) *n.* great ability or proficiency in a craft usually involving the hands.

The fun of the outdoors combined with practical life-long skills make up Camp Alexander's Outdoor Skills Area. Scouts will learn to find their way, build towers and perfect their camping and survival skills. In addition to the Outdoor Skills package of fun, adventure and friendship, the area will also provide extracurricular activities throughout the week in and around our own Indian Village.

Our Outdoor Skills Area will offer the following merit badges this summer:

Camping ~ Indian Lore ~ Orienteering  
Pioneering ~ Wilderness Survival

*Experience has shown us that Pioneering and Wilderness Survival Merit Badges are strongly recommended for third year campers, First Class or above. These badges may require extra time for projects outside the regular class schedule.*

## OUTDOOR SKILLS SCHEDULE

	9:00	10:30	1:30	3:00
<b>Camping</b> 2 <sup>nd</sup> year camper	X	X		X
<b>Indian Lore</b> Read Merit Badge book	X			
<b>Orienteering</b> Read Merit Badge book		X	X	
<b>Wilderness Survival</b> 2 <sup>nd</sup> year camper	X			X

## CAMPING/WILDERNESS SURVIVAL OVERNIGHTER

Please bring:

- tarp
- a few feet of rope
- flashlight
- water bottle
- extra sweatshirt/jacket
- spare blanket
- first aid kit
- hiking boots

Camping merit badge allows sleeping bag

Wilderness survival – no sleeping bag (blanket is allowed)

# ROCK CLIMBING

**Rock** (*räk*) *n.* the hard material of the earth's crust, exposed on the surface or underlying the soil.

**Climb** (*klim*) *v.* to ascend gradually using the hands and feet.



Concentration, a sense of adventure and stamina are some of the requirements needed for rock climbing. Success is measured in part by big smiles, close team work and the thrill of scaling rock faces in excess of 60 feet.

Our Rock Climbing Area will offer the following merit badge this summer:

~ Climbing ~

**At Camp Alexander the Climbing merit badge will be available to Scouts who are 14 years or older.**

This program is taught by our trained staff who instruct Scouts in bouldering, climbing and rappelling. Appropriate safety equipment is used and worn at all times.

**The Climbing merit badge is a double period, offered in the morning or afternoon. Keep in mind, the double periods may conflict with other badges or camp and troop activities offered. Scouts should plan their schedules accordingly to avoid conflicts. Weather conditions at Camp Alexander may cause disruption to the climbing schedule, requiring an alternative climbing schedule throughout the week.**

Throughout the week, Scouts will have the opportunity to register for an evening bouldering session. There is no age requirement on this bouldering activity

## ROCK CLIMBING SCHEDULE

	9:00	10:30	1:30	3:00
<i>Climbing</i>	X	X	X	X
	Double Session		Double Session	

# ~ OUTDOOR ACTIVITIES ~

## HIKING

***Hike (hik) v. to take a long, vigorous walk.***

Camp Alexander's Hiking Program, is primarily designed as an extra activity and a chance to get out and relax in the beautiful wilderness in and around camp and in the surrounding Pike National Forest. Hikes ranging in duration and difficulty will be guided by the Hiking Staff and will offer some wonderful experiences in wildlife, historic sites and breathtaking views. ***Bring a camera!***

Hikes are scheduled daily and follow the same schedule as merit badge classes and are also offered during the evening activity times. Scouts and Scouters are encouraged to take advantage of the "Theodore Roosevelt" Conservation Award. See the "Nature" section for details.

Hike schedules and more information will be available at camp.

## ***MOUNTAIN BIKING***

***Moun·tain bike (moun't'n bīk) n.*** a bicycle with a light, sturdy frame, broad deep-treaded tires, and multiple gears, originally designed for riding on mountainous terrain.

Camp Alexander's mountain bike program is a very popular activity. Bike rides varying in degrees of difficulty and duration will be offered throughout the week. In addition to the staff led bike rides, Scouts will have the opportunity to learn about bike safety, maintenance, low impact riding and trail etiquette. All bike riders must wear an approved Camp supplied biking helmet.

***Please do not bring any personal bikes to Camp. Only Camp A bikes may be ridden in and around the Camp property.***

There is no additional cost for mountain biking. All scheduled rides are on a first come first served basis. As with hiking, the mountain biking program is primarily designed as a fun and extra activity, off-setting the traditional merit badge program. This a great opportunity for a Patrol activity.

Campers are advised to visit the biking center early in the week to ensure that space and a proper size bike is available for their selected ride. **At our discretion, we reserve the right due to height, weight, and skill limitations, to not allow certain campers to take bike rides.** This policy has been established for both your individual comfort and safety as well as others.

Mountain Biking schedules and more information will be available at camp.

## MOUNTAIN BOARDING

### ***Moun • tain board (moun't'n bōrd) n. v.***

So just what is Mountain Boarding? It's similar to surfing and snowboarding but can be done on any surface, at any time of the year, in any weather. This new action sport is catching on fast due to its simplicity and just how easy it is to learn. You could be racing down hills on grass or tracks, or even dirt and rock, all you need is a board. Mountain Boards are becoming so popular that the US Olympic snowboarding team use them during summer training.

Mountain Boarding takes place at the Hiking/Biking/Mountain Boarding Area. There will be opportunities for you throughout the week to try this activity. Space is limited so contact the staff at the Hiking/Biking/Mountain Boarding area for details early.

At our discretion, we reserve the right due to height, weight and skill limitations, to not allow certain campers to participate in Mountain Boarding.

Mountain Board schedules will be available at camp.



# WILDERNESS ADVENTURE

**Wil-der-ness** (wil'der nis) *n.* an uncultivated and uninhabited region.

**Ad-ven-ture** (ad ven'cher) *n.* an exciting and dangerous undertaking

The Wilderness Adventure Program is the pinnacle of the "Alexander Experience". Pre-camp registration is necessary in order to take part in this program. Camp Alexander's Wilderness Adventure Program is a program offered to Scouts 14 years and above. WA Scouts will enjoy beautiful Camp Alexander and the Rocky Mountain area as they journey with their staff guides through a fun filled week, full of adventure, friendship and learning experiences.

Program feature highlights include four days of backpacking in the Pike National Forrest, the opportunity to take part in rock climbing, mountain biking and black powder shooting activities.

The Wilderness Adventure program is not a merit badge program. It is designed for those older scouts who wish to experience the Colorado high country and participate in extended hiking. All participants should be physically fit to partake in this program and should notify the physician when having their physical prior to camp as to the kind of strenuous activities expected (typically 8 miles a day with a full 40 lb pack).

Please contact Pikes Peak Council, Camp Registrar for specific information and reservations on this exciting program.

## **Each Scout should bring the following:**

His own Backpack and hiking equipment

Sleeping Bag, Ground Cloth, Rain Gear, Eating utensels and plate, personal Hygene supplies, a couple change of Clothes, good Hiking Boots, Camera, At least two water bottles, Compass.

## **The Camp will provide**

Food, Cooking stoves, Cooking pans, Tents, medical equipment and supplies.



# ~ SPECIALTY FEATURES ~

~ FOR THE TROOP & CAMPWIDE EXPERIENCE~

## **CAMPFIRES**

For well over fifty years, Camp Alexander's opening campfire has entertained and energized the Scouts as they anticipate the week ahead. As campers and staff gather together at the Kiva on Monday evening, everyone will share together in songs, skits and traditions with a few serious moments mixed in as well. The closing campfire is led by the elected Camp SPL and performed by the Scouts on Friday night and is the high point of all the Friday Camp wide activities including the Family Night Dinner

## **ORDER OF THE ARROW**

The Order of the Arrow is a camper's honor society chartered by the Boy Scouts of America. Its purpose is to recognize those campers who best exemplify the Scout Oath and Law in their daily lives. By such recognition their actions cause others to conduct themselves in such a manner as to warrant similar recognition.

The Order of the Arrow day in Camp is Tuesday - a special day of activities, ceremonies and fellowship.

Any Scoutmaster from a Troop outside Pikes Peak Council, wishing to have Scouts or Scouters called out into the Order of the Arrow by Ha-Kin-Ski-A-Ki Lodge camp staff members must provide a letter from their home lodge. This signed letter from the Lodge Advisor and Chief should list those Scouts/Scouters who have been elected by their fellow Scouts to receive this honor. This letter must be presented to the Camp Chief on Sunday so the elected Scouts/Scouters may be called out. It is the policy of the Ha-Kin-Ski-A-Ki Lodge NOT to hold elections at Camp Alexander for any Troop regardless of Lodge, unless prior arrangements have been made with the Lodge Executive Committee.

A special time for all campers during Order of the Arrow Day is a members' meeting at 12:00 p.m. This mini Pow-Wow held in the Kiva, chartered by the Camp Chief, will be a great opportunity for members/non-members of all lodges to gather and share ideas.

All Arrowmen are encouraged to take part in O.A. activities and ceremonies. The day will conclude with the O.A. campfire led by our Camp Staff.

## **THE CAMP DIRECTORS AWARD**

The "Camp Directors Award" will give each Troop the opportunity to select one boy as their "Top Camper" for the week. This award should go to the Scout who has displayed the most Scouting Spirit during the week, living up to and demonstrating the ideals of Scouting.

**SENIOR PATROL LEADERS COUNCIL** : The SPL from each Troop will make up the Camp Senior Patrol Leaders Council. This group will be working to coordinate the camp-wide activities as well as the Friday night Family Campfire. They will also elect the Camp Senior Patrol Leader. SPLs will meet with the Program Director after Morning Assembly at breakfast Monday, Tuesday, Wednesday and Friday.

**FLAG CEREMONIES** : Camp-wide flag ceremonies are held twice a day: 7:20 a.m. and 6:15 p.m. on the Parade Ground. Announcements and awards will be presented at these times. Please make sure that your entire unit is present during these assemblies. It is a tradition at Camp Alexander that everyone in camp attends dinner and the evening flag ceremony in full Class A uniform. There will be no Wednesday evening or Thursday morning assembly. Out of state troops are encouraged to bring their state flag for display in the campsite and parade ground.

**GOLDEN NUGGET PROGRAM** : Strike Gold right here at Camp Alexander by earning golden nuggets. Camp Alexander Gold Nuggets can be earned by participating in a variety of camp-wide programs throughout the week in the program areas. Campers can strike it rich by the type and number of activities they participate in during the week. An Assayer's Auction will be held Friday afternoon to exchange their gold for a variety of mercantile goods.

**THE ALEXANDER EXPRESS** : Camp Alexander's very own daily newspaper is an informative publication published especially for Troop leadership. The Express aims to provide both general information about camp during the week and also provide the next days events and times a day early.

**ADULT LEADER ACTIVITIES** : Throughout the week a number of activities have been arranged for Adult Leaders. The various activities are offered so that all adults may brush up or learn new skills and certifications. It should be noted that an adult's primary function at camp is to look after, assist and counsel the Scouts in their unit.

**Activities:**

- Adult Bike rides and hikes
- Adult shoot out
- Angler's Covey fly fishing demonstration
- Volunteer opportunities in merit badge areas

**Trainings:**

- Adult Water Safety
  - Scoutmaster Fast
  - BSA Lifeguard Certification
  - Trek Safely
  - "Climb on Safely" training
  - Youth protection
- Leave No Trace Training Orientation

## **RECOMMENDED DISCIPLINE**

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## BEHAVIOR & DISCIPLINE GUIDELINES

It is expected that all Scouts attending Camp Alexander will live up to the principles and values of the Scout Oath and Law.

- The Scout Oath and Law are the basic rules in camp. The unit leadership is responsible for enforcing the rules and setting the standards.
- The Camp staff is available and prepared to assist in dealing with problems.
- Scouts will not be roughly handled, pinched, spanked, punched, bitten or subject to any physical punishment.
- No child shall be punished for toilet accidents.
- Separation, when used as discipline, will be brief and appropriate to the Scout's age and circumstances.
- Verbal abuse or derogatory remarks about the Scout will not be permitted.
- Meals may not be denied to a Scout as a disciplinary measure.
- Authority to punish negative behavior will not be delegated to other Scouts. In addition one camper will not be allowed to punish another camper.
- At no time should leaders under the age of 21 discipline Scouts, unless their behavior threatens the safety of the offender or another individual. Then appropriate actions to remedy the situation may be used.
- Any Scout who does not respond to discipline by the unit's leaders or staff will have his parent(s) or guardian(s) contacted and the Scout may be sent home. The parent(s) or guardian(s) are responsible for providing transportation home for the Scout.
- Unit leaders must inform the Camp Director of any Scout who is to be sent home, and check out with the camp office before departing.
- We are obligated to report any child abuse incidents to the appropriate legal authorities.

**Violation of this policy may result in dismissal of the leader or possibly the reporting of him/her to the appropriate legal authorities. This policy is in accordance with the policies of the Boy Scouts of America and the laws of the State of Colorado. A camper sent home for a behavioral problem will not have any portion of his camp fee refunded.**

# ~ CAMP SCHEDULES ~

## Sunday Schedule

1:00 - 2:30 pm	<ul style="list-style-type: none"><li>- Camper Check-In</li><li>- Medical and Swim Checks</li><li>- Settle into Camp</li><li>- MB Pre-Registration Confirmation</li></ul>
4:45 - 6:15 pm	Dinner
6:30 pm	Opening Assembly
6:50 pm	Depart for Scouts Own Service
7:00 pm	Scouts Own Service
7:30 pm	SPL/Scoutmaster Meeting (in Carpenter's Hall)
9:15 pm	SPL & Scoutmaster brief Scouts at their campsite on week ahead
10:00 pm	Lights Out

# MONDAY - THURSDAY SCHEDULE

7:20 am	Morning Assembly
7:30 am	Camper Breakfast (1st setting)
7:55 am	Camper Breakfast (2nd setting)
9:00 - 10:15 am	Program Activity Session 1
10:30 - 11:45 am	Program Activity Session 2
12:00 pm	Camper Lunch (1st setting)
12:35 pm	Camper Lunch (2nd setting)
1:30 - 2:45 pm	Program Activity Session 3
3:00 - 4:15 pm	Program Activity Session 4
4:45 pm	Camper Dinner (1st setting)
5:20 pm	Camper Dinner (2nd setting)
6:15 pm	Evening Assembly
6:45 - 8:00 pm	Evening Area Programs
8:15 pm	Evening Campwide Events*
10:00 pm	Lights Out

*\*Evening Campwide Events*

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Opening Campfire	OA Campfire	Troop Time No Camp wide Activity	International Presentation	Closing Campfire



**NOTE:**

- there will be no Wednesday Evening or Thursday Morning Assembly.*
- Evening Area Programs are available Monday, Tuesday, & Thursday Evenings.*

## **FRIDAY/FAMILY DAY SCHEDULE**

7:20 am	Morning Assembly
7:30 am	Camper Breakfast (1st setting)
7:55 am	Camper Breakfast (2nd setting)
9:00 - 11:00 am	Program Area "Make-up"
12:00 pm	Camper Lunch (1st setting)
12:35 pm	Camper Lunch (2nd setting)
1:00 - 4:30 pm	- Camp-Wide Program - Early Check-out
2:30 - 3:00 pm	Merit Badge Verification
5:15 pm	Closing Assembly and Awards
5:45 - 7:00 pm	Family Night Dinner
7:30 pm	Closing Campfire Line up
7:45 - 9:00 pm	Campfire
10:00 pm	Lights Out

# SATURDAY SCHEDULE

5:30 am Dining Hall open for Continental  
to Breakfast  
7:45 am  
8:15 am Last Check-out Time  
9:00 am Camp Closed - All units and campers are required to depart prior to 9:00 am.



Thanks for coming

# **Camp Alexander Trading Post Store Hours**

## **Sunday:**

*3:00 - 6:00 pm*

## **Monday - Thursday:**

*8:00 - 9:00 am (Program Supplies Only)*

*9:00 - Noon*

*1:00 - 5:00 pm*

*6:30 - 7:30 pm (Closed Wednesday)*

## **Friday:**

*9:00 am - Noon*

*1:00 - 4:30 pm*

*5:45 - 7:00 pm*

## **Saturday:**

*Closed*

**Backpacks are not allowed in the Trading Post.  
Please remove before entering the Trading Post**

**CAMP ALEXANDER**  
**Pikes Peak Council, BSA**  
P.O. Box 450  
Lake George, CO 80827-0450

(719) 748-3254  
Fax (719) 748-4784

**Pikes Peak Council, BSA**  
525 E Uintah St  
Colorado Springs, CO 80903

(719) 634-1584  
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**PIKES PEAK COUNCIL MISSION STATEMENT**

*Through chartered partners, Pikes Peak Council builds strong units, dedicated to developing young people of character*

**PIKES PEAK COUNCIL VISION STATEMENT**

Pikes Peak Council will conscientiously serve community organizations and the youth they care about, by providing quality resources and tools to fulfill their mission through Scouting.

**NOTES**